

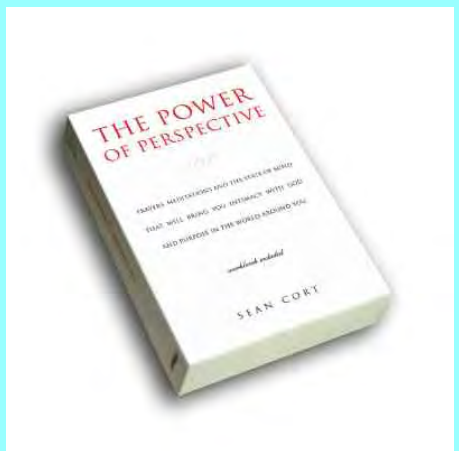
# *SNACK FOOD FOR THE SOUL*

LIFE ENHANCING DEVOTIONALS  
INSPIRED BY THE BOOK, *THE  
POWER OF PERSPECTIVE*. WRITTEN BY  
SEAN CORT  
WEEK OF 8/15/2010

Feast on this...

## **CAN'T YOU SEE I'M TOO BUSY BEING DISTRACTED?**

Few things strip away at one's integrity more than the inability to pay their bills and to be financially unstable. Our countries economic down turn has forced so many of us to transition our lives from a leisurely afternoon swim to treading water frantically for survival. Some of us are in a place where we never thought we would be. We may find



ourselves working below or above our qualifications. We may have had to swallow heaping portions of pride. We may have had to relocate to where the job opportunities were more promising. As in nature when a species can no longer find a food source in their comfort zone they must either die or move on. Deductive reasoning suggests the latter.

Moving on to another environment can bring new and great sources of sustenance but not without a cost. There are now more predators seeking the same prey. A preacher once told me new levels can bring on new devils. This animal must deal with the anxiety of the unknown and the competition with other animals that chose to move here for the same reasons. These animals must also contend with those that were already here who feel the need to defend their territory. Now the survival of the fittest just got that much more interesting. Now we as the displaced animal contemplate the certain fate of the past and the uncertain destiny ahead.

These sobering times we live in places us emotionally, spiritually and mentally at odds with ourselves and the loved ones around us. We grapple with being transparent and self respecting. We don't want anyone to be fully aware of the fact that we are starving, naked and sinking fast. So we become consumed with activities and behaviors that make us look the contrary.

This brings to mind the scripture of (Luke 10:38-42) *"Now while they were on their way, it occurred that Jesus entered a certain village, and a woman named Martha received and welcomed Him into her house. And she had a sister named Mary, who seated herself at the Lord's feet and was listening to His teaching. But Martha overly occupied and too busy was distracted with much serving; and she came up to Him and said, Lord, is it nothing to You that my sister has left me to serve alone? Tell her then to help me to lend a hand and do her part along with me!*

*But the Lord replied to her by saying, Martha, Martha, you are anxious and troubled about many things; There is need of only one or but a few things. Mary has chosen the good portion that which is to her advantage, which shall not be taken away from her."*

Very simply, Jesus became the sudden change that both Mary and Martha must adjust to. Notice Martha felt it would be expedient to Overly busy herself with the duties of a hostess toward a guest. She became consumed with formality and what she felt the expectation should be of her under these circumstances. Mary on the other hand saw Jesus as **THE GUEST** rather than, **A guest**. The difference here is that A guest would require routine tasks and preparation; whereas **THE GUEST** requires you remain still and humble yourself in His presence and listen to what He has to say. There is no work that you can do in His presence that will impress Him. All that is due in His presence is that we spend quiet time on our broken face at His feet. You see, these times we are in give us an opportunity to gain insight in our own lives.

Instead of getting caught up with the race of treading water or adapting to a new environment; we should internalize the wisdom of Mary and seek God's teaching and counsel in every new situation. I'm sure from the outside that there were HATERS who wish Jesus would have stopped by their house instead. Don't wait for sudden change to remind us of how truly blessed we are!!!

Why Jesus picked that house is as easy to deduce as why He picked your life to evoke sudden change. Maybe it was the destruction of your marriage, the sudden loss of a loved one or losing your home and your lifestyle to foreclosure or bankruptcy. You are the Lord's crowning achievement! Jesus clearly wants to elevate you through this change. He desires to be worshipped and adored privately and publicly, in spite of what the situation instinctively calls for. There is no live play book for life, nor is **ANYONE** the expert on how to deal with sudden pain and loss; but Jesus Christ, M.D. still specializes, if we want to receive and welcome Him into our house and spend some time at **His feet**, which is the good portion that brings us peace that cannot be taken away.

We all know that if we could do it all over again knowing what we know now, how much more pulled together we would all be. But then our knowledge and our status would become our God, just like the seduces and the Pharisees. They thought that their take on life and where it should take them was final, then came **THE GUEST!**

---

## **A MUST GET:**

**Our first DVD set called "The Things that Can Make or Break You" is now available for purchase. To view an 8 minute excerpt click here:**

<http://thepowerofperspective.net/2010/07/journey-series-dvd-set/>

**To Purchase your copy log onto**

[www.thepowerofperspective.net](http://www.thepowerofperspective.net).

**This DVD will change the way you pray and the way you relate to people and change.**

**Have an indescribably blessed week!**

*Sean*